



Weekly Update

March 24, 2021 Edition

Thank you for your continued support. In an effort to ensure timely and up-to-date communication, we have implemented this regular communication to our residents, families, and employees to keep you informed on both a community and national level.

A Message from Your Executive Director

Last Friday, 3/19/21 some new guidance came out from the Illinois Department of Public Health. I share some of this guidance below as our visiting is loosening up....YAY! With that in mind, we must still take precautions.

CMS and CDC continue to recommend facilities, residents, and families adhere to the core principles of COVID-19 infection prevention, including physical distancing (maintaining at least 6 feet between people). This continues to be the safest way to prevent the spread of COVID-19, particularly if either party has not been fully vaccinated.

However, we acknowledge the toll that separation and isolation have taken. We also acknowledge there is no substitute for physical contact, such as the warm embrace between a resident and their loved one. Therefore, if the resident is fully vaccinated, they can choose to have closer contact with their visitor while wearing a well-fitting cloth face mask or face covering and performing hand-hygiene before and after. Regardless, visitors should physically distance from other residents and staff in the facility.

By adhering to these core principles, visitation can occur safely based on the below Core Principles of COVID-19 Infection Prevention:

- Screening of all who enter the facility for signs and symptoms of COVID-19 (e.g., temperature checks, questions about and observations of signs or symptoms), and denial of entry of those with signs or symptoms or those who have had close contact with someone with COVID-19 infection in the prior 14 days (regardless of the visitor's vaccination status).
- Hand hygiene.
- Face covering or mask (covering mouth and nose).
- Physical distancing at least 6 feet between persons.
- Instructional signage throughout the facility and visitor education on COVID-19 signs and symptoms, infection control precautions, other applicable facility practices (e.g., use of cloth face mask or face covering, specified entries, exits and routes to designated areas, hand hygiene).
- Cleaning and disinfecting high touch surfaces in the facility often, and designated visitation areas after each visit.
- Appropriate staff use of PPE.
- Resident and staff testing as required.

Visits may occur:

- Outdoors
- In dedicated indoor visitation spaces and in private apartments

Outdoor visits generally pose a lower risk of transmission due to increased space and airflow. Therefore, visits should be held outdoors whenever practicable.

During indoor visitation, facilities should limit visitor movement in the facility. For example, visitors should not walk around different halls of the facility. Rather, they should go directly to the designated visitation area.

DINING guidance: Limit the number of residents in the dining area to the maximum allowed by 6-foot separation. Serve diners in shifts as needed. (Previous limitation to 25% capacity has been eliminated)

ACTIVITY guidance- groups over 10 are allowed where residents can be 6 feet apart with masks. (Previous limitation to 10 residents no longer applies).

So, what does this mean at Arboria?

Starting Monday 3/29, yes, this coming Monday (even sooner than we anticipated), we will allow visits in resident apartments. We are working on an electronic scheduling program to alleviate the need to call the Concierge, however, for now, we will continue to schedule visits through the Concierge desk by calling (847) 383-6737. All guests must keep face masks on while visiting and it is still recommended to remain at least 6 feet from one another. There will be a limit of two guests at a time visiting one resident. Until we receive further guidance, visiting will need to be scheduled. We will limit the number of guests in the community overall at one time. During your visit, please remain in your loved one's apartment or in the designated family room if you prefer, but please refrain from walking throughout the community to avoid contact with other residents and guests. We may stop in to say "hi" while you are visiting. I know all of this news is exciting and we are super excited for you.

Again, please call the Concierge to schedule your visits. Remember to wear your mask or face covering. As the weather warms up, visiting can take place outside as well.

We are finally there and I am thrilled I can give you the news.

Fondly,

Cherie

Cherie Getlin
Executive Director

[The Vaccine at Arboria of Long Grove Update](#)

Final Vaccine Clinic Day was today. We had 12 individuals receive their second vaccine today.

COVID stats

Arboria reports no current cases of COVID-19 in our community.

From the Lake County Health Department:

Positivity rate from **CMS**: 2 week rolling average from March3-March16: **3.4%** (stable from last period's 3.5%)

Positivity rate from **IDPH**: 7 day rolling average through 3/13/21: **2.9%** (same as last period's 2.9%) The 5 day positivity range is: 1.4% - 3.4%

<https://data.cms.gov/stories/s/COVID-19-Nursing-Home-Data/bkwz-xpvg> .

As of 3/21/21: 11.79% of Lake County residents are fully vaccinated (2nd dose received of 2 dose series).

From the Business Office

Some changes in our business office... Giovi Angelats, an employee of our management company, will be filling in as our Business Office Manager. She will not always be on site at Arboria, but feel free to contact me should you need anything and Giovi is not available. For immediate questions or requests that would typically be directed to our business office, please email me at getlincherie@arboriaoflonggrove.com or call me at (847) 383-6737. Debbie Ploch is no longer the Business Office Manager at Arboria. For those of you concerned about Long Term Care documents being sent timely, we will be sure that those documents are sent to your long term care insurance by the 5th of each month as usual.

Resources for you

Centers for Disease Control and Prevention

- www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html
- www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/index.html

Local health department website

- www.lakecountyil.gov
- <http://www.dph.illinois.gov/regionmetrics>

Assisted Living



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Memory Care



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