

Updated Protocol for Indoor Visitation

In using the guidance by CMS Nursing Home COVID-19 Visitation Guidance, Arboria has adjusted their protocols for indoor visitation. Please understand that the below guidelines are in place for the health and safety of all residents, visitors and staff. **Memory Care will begin these same visitation guidelines once we receive negative COVID-19 results for the second consecutive week (Fingers crossed...that this will happen on Friday, May 7.) Families will be notified ASAP.**

Effective May 5, 2021 Arboria will allow indoor visitation in Assisted Living with the following guidelines:

- Outdoor visitation is preferred when the weather permits. Outdoor visits generally pose a lower risk of spreading COVID-19
- Visitors must enter the building complete the appropriate screening, wear a well-fitting face mask that covers the mouth and nose and perform hand hygiene before contact with the resident.
- If the visitor has any of the symptoms posted at the check in station or have had contact in the last 14 days with anyone that has tested positive for COVID they will not be able to visit.
- Visits can now be up to a total of 4 people per resident.
- All visits must still be only in the resident's room or outside. Visits cannot be done in common areas where other residents are present.
- If visits are occurring during meal time the resident must have their meal in their room with the visitor. Staff will bring the meal to the resident's room. We encourage visits be done before or after mealtimes.
- Visits are encouraged to take place during normal waking hours so as to not disturb the resident or other residents normal sleeping routine.
- Visitors should stay 6 feet away from all other residents and staff in the building.
- There is no age limit on visitors. However, all visitors must be able to abide by the visitor guidelines.
- All visitors should keep 6 foot apart from the resident (social distancing)
 - If a resident is fully vaccinated, they can choose to have close contact (including touch) with their visitor while wearing a well-fitting face mask (if tolerated) and by performing hand hygiene before and after.

Limiting Visitors

If Arboria has a staff, resident or visitor that tests positive for COVID we will limit visits to compassionate care visits only.

- During this time we will perform increased COVID testing of our staff and residents.
- All families and visitors will be notified of the potential exposure.
- Depending on who was exposed and how many COVID positive cases we have, it will determine if we are able to allow visiting in the MC and/or AL or need to restrict it for the whole building.
- If the county positivity rating increases to above 5% we will cut back on the amount of visits to the one visitor for one hour a week per resident again until the county positivity rating drops

below 5% for two consecutive weeks. Compassionate care and essential caregiver visits will continue.

- If the county positivity rating increases to above 10% we will suspend all non-compassionate care visits until the county positivity rating drops below 10% for two consecutive weeks. Compassionate care visits will continue.
- If a resident has a confirmed case of COVID-19 all visits other than compassionate care visits will be prohibited until they have met the criteria to discontinue Transmission-Based precautions.

Your continued support and understanding during the continued global pandemic is appreciated. We are excited to see more family faces over the coming weeks and months.