

Updated Protocol for Non-Medically Necessary Outings

In using the guidance by CMS Nursing Home COVID-19 Guidance, Arboria has adjusted their protocols for residents leaving the facility for non-medically necessary outings.

Fully Vaccinated Residents:

People are considered fully vaccinated for COVID-19 two weeks after their second dose of a vaccine that requires two doses (like Pfizer or Moderna), or two weeks after they get a single dose of a vaccine that requires one dose (like Johnson & Johnson).

For residents who are fully vaccinated and want to exercise their right to leave their long-term care facilities for outings that are not necessary for medical reasons, we recommend taking steps to lower the risk of spreading COVID-19:

- ♣ Residents who are fully vaccinated may gather indoors or outdoors with other people who are fully vaccinated.
- ♣ Residents who are fully vaccinated can visit indoors or outdoors with unvaccinated people from a single household who are at low risk for severe COVID-19 infection.
- ♣ If the resident is fully vaccinated, they can choose to have close contact (including touch) with the persons they are visiting.
- ♣ Indoor and outdoor visits should be conducted following good infection control practices, such as wearing well-fitting masks that cover the mouth and nose, staying 6 feet from others (social distancing) when practical, and using good hand hygiene to reduce risk of infection.
- ♣ If a resident who is fully vaccinated chooses to attend a place of worship or other group event, or to shop or eat in public establishments, the resident should follow the core principles of COVID-19 infection prevention. CMS strongly encourages attending places of worship or other group events only when the 14-day county percent positivity rate is below 5%. The positivity rate is the percentage of people who test positive for COVID-19 among all the people in the county who are tested.

Unvaccinated Residents:

People are considered unvaccinated if they have chosen to not receive the COVID-19 vaccine or if it has not been a full two weeks since the last dose of the vaccine was received.

If a person that is unvaccinated decides to leave the building for a non-medically necessary outing they will be required to quarantine for 14 days in his/her apartment at Arboria.